

# REGISTRATION FORM

## Kupale Women's Assault Prevention Course

Daijingu Temple - 61 Puiwa Rd, Pali Hwy

This single afternoon course is 4 hours –with hourly breaks

Call 595-7175 – or E-mail [KupaleHawaii@gmail.com](mailto:KupaleHawaii@gmail.com)

**\$75 per adult** – Includes Course and Personal Safety Manual

**\$115 Combination of Mother and daughter-** \$40 per daughter (children 10-17)

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Tell your friends, neighbors and relatives. *Finally a Women's Assault Prevention Course relative to how we live in Hawaii!* We encourage mothers and daughters, Aunties and nieces, Grandmothers and grandkids (children should be at least 10 years old.)

Please arrive early. **The course starts PROMPTLY at 1:00 PM.** The afternoon course is made up of a single 4 hour session with regular breaks. **NO Drop-ins or casual observers please.** The course consists of 30% lecture, and 70% practice of Assault Prevention tactics.

**You do NOT need to be in good physical condition to take this hands-on course!**

Wear loose comfortable clothing that covers your knees. You will need to bring water, a small towel, and an umbrella, and **socks** to wear for the course (no shoes please).

**Please do not wear ANY jewelry during the course (especially ear-rings or facial jewelry).**

Please fill out the bottom portion of this form and mail it to us **5 days before the course begins.**

**\$75 per adult** – Includes Course and Personal Safety Manual

**\$115 Combination of Mother and daughter-** \$40 per daughter (children 10-17)

Make your check payable to **Steve McLaughlin.**

Mail this form and your check to: **Kupale - WAPC, 2843 Park St #A, Honolulu, HI 96817**

**YOU MUST EMAIL US** when you send this form, so your place can be held - [kupalehawaii@gmail.com](mailto:kupalehawaii@gmail.com)

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### MAIL-IN REGISTRATION FORM

#### Kupale Women's Assault Prevention Course

Name(s):

E-mail(s):

Phone(s):

How many students are included in the amount on your check (including yourself)?

For which class are you registering?

(Month / Day / Year)

\*\* We need to know which class ;- ) \*\*